

Get Youth and Children Involved

We know that young people are the future of The Church and, as such, are the future of the Lord's work for children and families living in poverty. We offer a variety of ways for the youths in your congregation to learn about the great need in other countries and to take action in making a difference. From congregational giving programs to youth mission trips, we want to help the youths of your congregation grow in faith and commitment to your church's mission.

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“There’s often a concern of how a church can engage the younger generation, and we’ve found that offering them an opportunity to live out their faith as they see Christ in the poor is a wonderful blessing. Food For The Poor understands the desire of younger people to do ‘hands-on’ work, so we work closely to integrate home building, feeding, teaching and other activities into the trips.”

-Alison Fram, Director of College, Young Adult, and Family Ministries, Nativity Catholic Church, Burke, VA

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[Watch this video to virtually experience a young adult mission trip to Jamaica!](#)