



*A Gift
of Prayer
For You*

NATIONAL DAY OF PRAYER
MAY 7, 2020



FOOD FOR THE POOR

[GO TO TABLE OF CONTENTS](#)

A GIFT OF PRAYER

We are so grateful to have compassionate donors like you.

As a way of thanking you for all you do for the poor, we are pleased to provide you these prayers from the bottom of our hearts as a special gift in recognition of the National Day of Prayer.

We hope these prayers bring you consolation and peace all year long, and we encourage you to take advantage of the suggested readings for a deeper prayerful experience.



CLICKABLE TABLE OF CONTENTS

FAMILY AND LOVED ONES	1
ILLNESS	2
HEALTH AND SAFETY	3
DEPRESSION, GRIEF AND SADNESS	4
LONELINESS AND ISOLATION	5
FEAR, STRESS AND ANXIETY	6
FINANCES	7
HOPE FOR THE FUTURE	8
WISDOM AND GUIDANCE	9
FAITH AND ENCOURAGEMENT	10
WE ARE HERE FOR YOU	11

FAMILY AND LOVED ONES

*“And my God will meet all your needs according
to the riches of his glory in Christ Jesus.”
(Philippians 4:19, NIV)*

Father, I entrust all my loved ones in Your care to protect and guide them daily. Grant us Your mercy and give us strength, shielding us with Your heavenly protection against our troubles and woes during this time of great trial.

Bind us together, Lord, so we may flourish in Your love, and turn to You always in our times of joy as well as our times of trouble.

Protect us and give us the endurance to overcome our daily challenges. Lord, touch the hearts of those I love, who have yet to receive You into their lives.

Touch their hearts that they may accept You and come to know Your great love for us.

Heal hearts that may be broken, and grant us Your mercy to strengthen our unity. Lord, we pray for You to grant my family and loved ones the opportunity to enjoy good health all the days of their lives.

Amen.

Suggested Scripture Reading: Acts 16:30-34

BACK TO TABLE OF CONTENTS

ILLNESS

*“The LORD sustains them on their sickbed
and restores them from their bed of illness.”
(Psalm 41:3, NIV)*

Lord Jesus, I come to You today asking for comfort
and healing for all those suffering in sickness.

You are my Creator God who knows my name, and cares for me.

Please be a source of strength in body, courage in spirit and patience
in pain as we join ourselves more closely to You on the cross.

Guide me to the appropriate medical help.

Lord, please bring complete healing and restoration
to my body according to Your will and purpose.

I pray all this in the precious name of Jesus.

Amen.

Suggested Scripture Reading: Psalm 41:1-13

BACK TO TABLE OF CONTENTS

HEALTH AND SAFETY

*“Daughter, your faith has healed you. Go in peace.”
(Luke 8:48, NIV)*

Lord Jesus Christ, You are the Divine Physician
and healer who guides us through life,
during joy and sorrow, health and sickness.

Bring comfort and healing to those
who are ill and in urgent need of healing.

Put Your shield of protection around us and keep us
from falling into the snare of despair and terror.

I ask that You guide the doctor who is treating
(me or _____) and heal (me or _____)
if it is our Father’s will.

I trust in You, Jesus, no matter what the outcome.

I know You will be with us and give us comfort and strength.

Amen.

Suggested Scripture Reading: Luke 8:43-48

BACK TO TABLE OF CONTENTS

DEPRESSION, GRIEF AND SADNESS

*“So do not fear, for I am with you; do not be dismayed,
for I am your God. I will strengthen you and help you;
I will uphold you with My righteous right hand.”
(Isaiah 41:10, NIV)*

Father, when grief and sadness threaten to overwhelm me,
let me run into Your arms.

Even as I pour out the details of my heartbreak and fear,
Your peace and Your comfort lift my head up.

Today, let me exchange fear for Your peace,
depression for Your joy, and weariness for Your strength.

In the midst of the raging storm, I choose to stand
on Your truth and to trust You in every aspect of my life.

You are my rock and my salvation and that is an unending
source of comfort every moment of every day.

Amen.

Suggested Scripture Reading: Isaiah 8-16

BACK TO TABLE OF CONTENTS

LONELINESS AND ISOLATION

*“The LORD himself goes before you and will be with you; He will never leave you nor forsake you. Do not be afraid; do not be discouraged.”
(Deuteronomy 31:8, NIV)*

Heavenly Father, You have many promises in Your Word.

You are an ever-present God who does not ignore,
forsake or leave Your children alone and in despair.

I can trust Your Word because You and Your Word are One (*John 1:1*).

I can trust You because You have been there in my life so many times before.

I can trust that in this situation and during these present times,
I am not alone, even when there is no one around.

I have You. I have You in the times when my circumstance
tries to seem bigger than Your Presence.

I have You, when I feel like everyone has forgotten me.

I have You every day of my life and I will call on Your name,
Jehovah Shammah — my Lord, who is present.

Amen.

Suggested Scripture Reading: Phillipians 4:6-8

BACK TO TABLE OF CONTENTS

FEAR, STRESS AND ANXIETY

*“Cast all your anxiety on Him because He cares for you.”
(1 Peter 5:7, NIV)*

Dear Lord, we need You.

The weight of our fears and worries are crushing us.

We humbly beg You to take these burdens from us,
so that we may focus on Your loving presence
in our lives and in the world.

Your perfect love drives out fear and restores calm.

Let us rest in Your abiding love
and comfort us with Your peace.

Amen.

Suggested Scripture Reading: 1 Peter 5:7-11

BACK TO TABLE OF CONTENTS

FINANCES

*“Do not be anxious about anything,
but in every situation, by prayer and petition,
with thanksgiving present your requests to God.”
(Phillipians 4:6, NIV)*

God of mercy and compassion,
You promise to give us all we need.

As we face these times of financial struggle,
please help us to trust in Your divine providence
and keep our hearts fixed on the treasures of heaven.

Please grant us the wisdom and guidance
to follow Your path and the strength to face
these uncertain times with courage.

We ask this through Christ our Lord.

Amen.

Suggested Scripture Reading: Phillipians 4:4-9

BACK TO TABLE OF CONTENTS

HOPE FOR THE FUTURE

*“For I know the plans I have for you,”
declares the LORD, “plans to prosper you and not to
harm you, plans to give you hope and a future.”
(Jeremiah 29:11, NIV)*

Father, Your words tell us that You know the plans that You have for us.

I am grateful for the surety I have in You.

I can trust You, because You have proven Yourself in the past
and You continue to prove Yourself as a God who is faithful.

Father, I am concerned about my future, my employment, my life.

I release my doubts and fears, my uncertainties, worries
and confusions, and humbly submit them to You.

Thank you, Lord, for hearing my cry and drafting me into an audience
with You, where I can hear You clearly and be reminded of Your promise.

Help me to be confident in Your voice and direction for me.

Thank you for lighting my path and giving me peace and provision.

Amen.

Suggested Scripture Reading: Jeremiah 29:10-14

BACK TO TABLE OF CONTENTS

WISDOM AND GUIDANCE

*“For the LORD gives wisdom; from his mouth
come knowledge and understanding.”*

(Proverbs 2:6, NIV)

Lord, thank you for today.

With open hearts and minds,
we seek Your divine counsel.

You know every decision that we need to make
and the challenges that we face.

There are many roads that we can take, Lord.

Please grant us the wisdom
to know what You want from us today
and guide us as we walk along the path
You have created for us.

Amen.

Suggested Scripture Reading: Proverbs 2:6-22

BACK TO TABLE OF CONTENTS

FAITH AND ENCOURAGEMENT

*“Come to Me, all you who are weary
and burdened, and I will give you rest.”
(Matthew 11:28, NIV)*

Lord, You are the one who provides
a constant wellspring of hope by giving us Your Word of life
and Your promise of eternal life.

I know You are an endless source of strength.

My faith may be faltering during the troubled times I face, O Lord.

My yoke is heavy and I need Your strength.

Encourage me to lean more heavily on You
and turn to Your Word to feed my spirit and give me hope.

Uphold me during this time when I feel most in need
of encouragement, and guide me through turbulent waters,
steering me more toward You in thought and deed.

Amen.

Suggested Scripture Reading: Matthew 11:25-30

BACK TO TABLE OF CONTENTS

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HERE FOR YOU.

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BACK TO TABLE OF CONTENTS